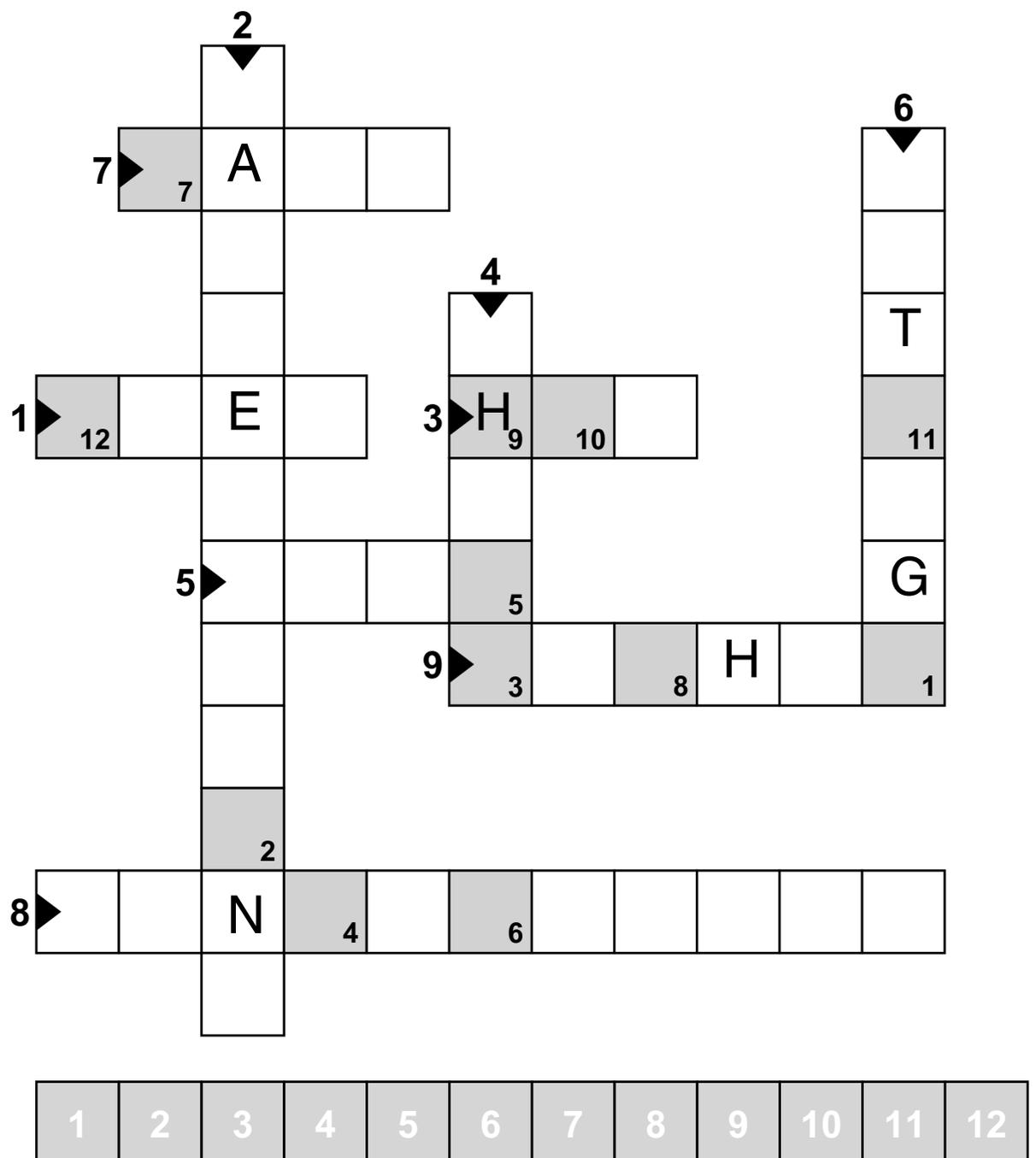


KREUZWORTRÄTSEL HITZE

Lösen Sie das Rätsel, indem Sie die Begriffe zu den Fragen in die passenden Kästchen eintragen. Die markierten Buchstaben ergeben das Lösungswort.

1. Wie viel Liter sollten Sie bei Hitze mindestens trinken?
2. Welches Obst hat besonders viel Flüssigkeit?
3. Was gehört bei Sonne auf den Kopf?
4. Welche Körperstelle wird oft vergessen einzucremen?
5. Wie fühlt sich der Körper bei Flüssigkeitsmangel an?
6. Wann steht die Sonne am höchsten?
7. Beim Schwitzen verliert der Körper nicht nur Wasser, sondern auch?
8. Was sollte man bei starker Sonne auf die Haut auftragen?
9. Wann sollte man Lüften?

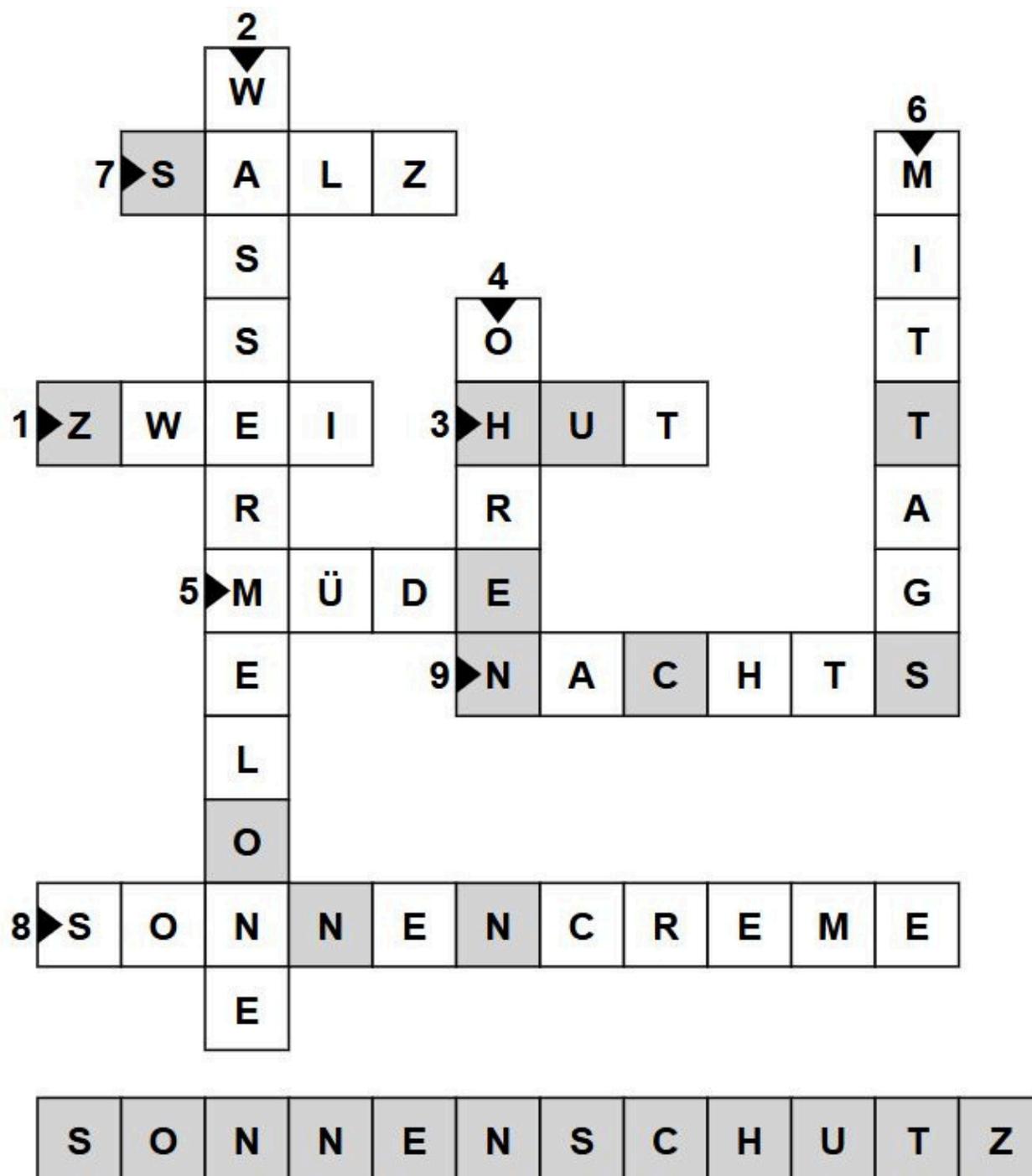


The crossword puzzle grid is composed of 12 columns and 12 rows. The letters and numbers are placed as follows:

- Row 1: Column 2 has a downward arrow with the number 2.
- Row 2: Column 4 has a rightward arrow with the number 7, followed by the letter 'A' in column 5. Column 11 has a downward arrow with the number 6.
- Row 3: Column 5 is empty. Column 11 has the letter 'T'.
- Row 4: Column 1 has a rightward arrow with the number 12, followed by the letter 'E' in column 3. Column 6 has a downward arrow with the number 4. Column 7 has a rightward arrow with the number 3, followed by the letter 'H' in column 8. Column 11 has the letter 'G'.
- Row 5: Column 3 is empty. Column 8 has the number 9. Column 9 has the number 5. Column 11 has the number 11.
- Row 6: Column 3 is empty. Column 8 has the number 3. Column 9 has the number 8. Column 10 has the letter 'H'. Column 11 has the number 1.
- Row 7: Column 5 has a rightward arrow with the number 5. Column 11 is empty.
- Row 8: Column 5 has the number 2. Column 11 is empty.
- Row 9: Column 1 has a rightward arrow with the number 8, followed by the letter 'N' in column 3. Column 4 has the number 4. Column 6 has the number 6. Column 11 is empty.
- Row 10: Column 5 is empty. Column 11 is empty.
- Row 11: Column 5 is empty. Column 11 is empty.
- Row 12: Column 5 is empty. Column 11 is empty.

At the bottom of the grid, there is a horizontal row of 12 numbered boxes from 1 to 12, representing the solution word.

LÖSUNGEN ZUM KREUZWORTTRÄTSEL



**VIELEN DANK
FÜRS MITMACHEN!**